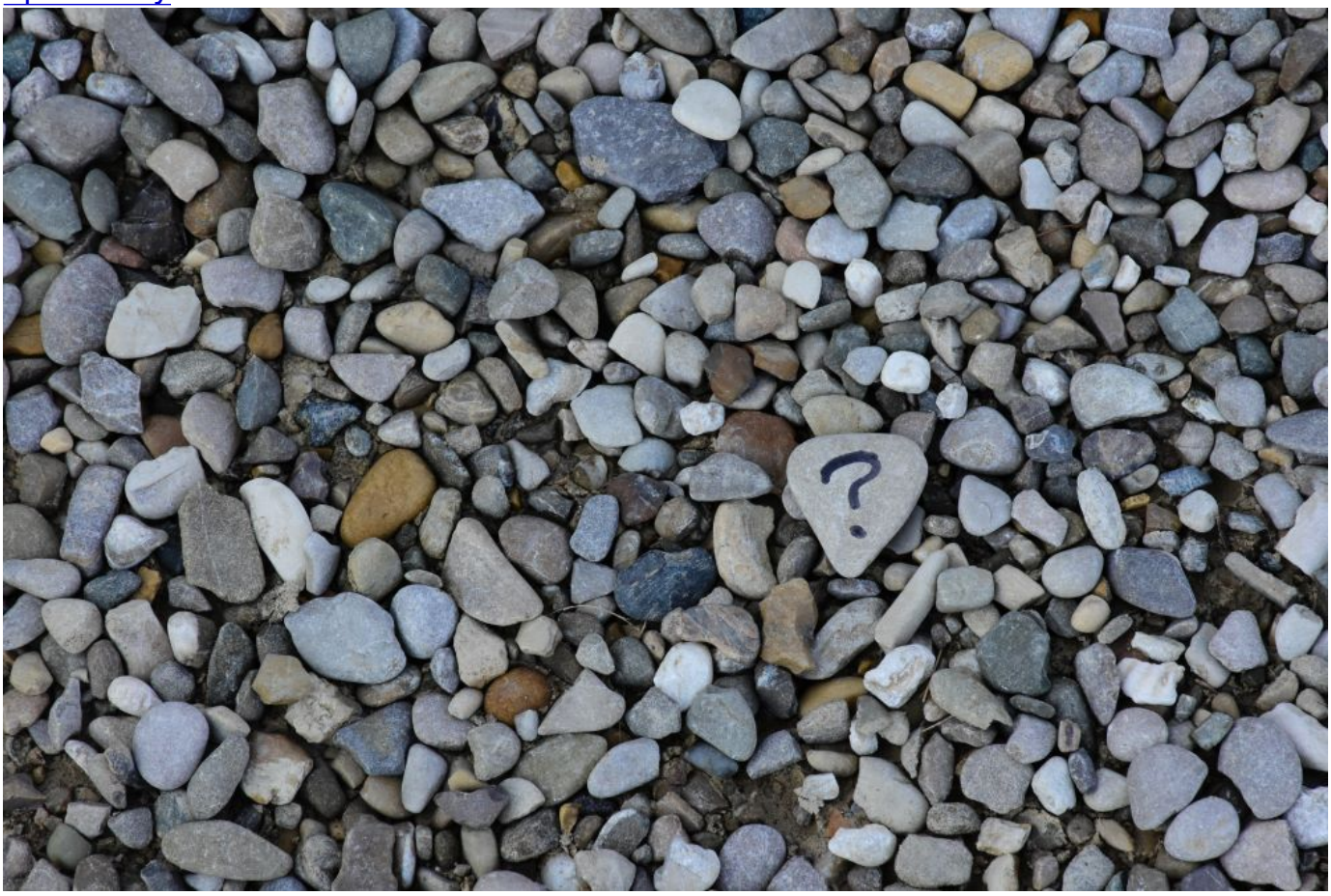
Blog
Spirituality



(Unsplash/Ana Municio)

by A Nun's Life Ministry

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A listener in Minnesota says she wants to believe in God, but "insurmountable uncertainty and doubt. … Sometimes I feel like faith is a story that we can choose to believe or not."

Sisters Shannon and Maxine shared their thoughts on faith and doubt.

"Just because you have doubts, doesn't mean that you lack faith," Sister Maxine said. "You can have faith and have plenty of doubts, just like you can love science and sometimes question things. And things change over time."

Click here to listen to the full "Ask Sister" podcast where this clip is from.

GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of all their podcasts (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, ANunsLife.org.