Blog
Spirituality



A scapular is depicted in stained glass at St. Brigid of Kildare Church in Dublin, Ohio. (Wikimedia Commons/Nheyob)

by A Nun's Life Ministry

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May 19, 2023

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What is a novena? What is a scapular? And how can they impact your spiritual life? In this clip from a live episode of "Ask Sister," Sister Maxine and Sister Julie talk about Catholic devotions as a way to get closer to God.

Click here to listen to the full "Ask Sister" podcast where this clip is from.

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