

[Blog](#)
[Spirituality](#)



A scapular is depicted in stained glass at St. Brigid of Kildare Church in Dublin, Ohio.
(Wikimedia Commons/Nheyob)



by A Nun's Life Ministry

[View Author Profile](#)

[Join the Conversation](#)

May 19, 2023

[Share on Bluesky](#)[Share on Facebook](#)[Share on Twitter](#)[Email to a friend](#)[Print](#)

What is a novena? What is a scapular? And how can they impact your spiritual life? In this clip from a live episode of "Ask Sister," Sister Maxine and Sister Julie talk about Catholic devotions as a way to get closer to God.

[Click here](#) to listen to the full "Ask Sister" podcast where this clip is from.

GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of [all their podcasts](#) (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, [ANunsLife.org](#).

Advertisement