Some older Catholic sisters are supporting anti-trafficking efforts by knitting scarves and gloves for a respite center that serves trafficking victims. In this clip, St. Francis of Assisi Sr. Margaret Kruse speaks about "the variety of different things that our sisters were doing, even though they're anywhere from 80 to 100 years old."

Click here to listen to the full "In Good Faith" podcast where this clip is from.

GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of all their podcasts (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, ANunsLife.org.