News
Religious Life



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by A Nun's Life Ministry

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April 19, 2024

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Srs. Jill Underdahl and Cathy Steffens of the Sisters of St. Joseph of Carondelet in St. Paul, Minnesota. discuss what they consider the best part of religious life.

"For me, what's most exciting is the collective power that can be found in being part of a religious congregation," Underdahl said. Her community has congregations in 51 countries, she added, which creates opportunities for collaboration and even broader collective power.

Click here to listen to the full episode of "Ask Sister" where this clip is from.

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